

“LVS provides a local forum, support and information for those who have embraced or who are looking to embrace a plant-based diet and lifestyle for health, the animals and the planet in South Central PA.”

Scan the QR Code below or input the URL to go to the LVS website.



<http://www.lancveg.org>

Scan the QR Code below or input the URL to submit your LVS Membership on-line and then mail a check in the appropriate amount to the address below.



<https://goo.gl/forms/5Cf1BBp3tQm3KWrt2>

Lancaster Vegetarian Society
21 E State St
Quarryville PA 17566
717-786-7118



“Adopt a Plant-Based Diet & Lifestyle”

**We offer...
Support
Information
Encouragement**



www.lancveg.org

The purpose of the Lancaster Vegetarian Society (LVS) is to provide information, education, and support to everyone who has an interest in a plant-based diet & lifestyle. And at the same time we'd like to get the word out to the general public on the benefits of a plant-based diet through all forms of outreach that become available to us.

In order to achieve these goals we warmly welcome active, dedicated individuals who would like to work with like-minded fellow members. We invite "idea" people and people that will help to implement those ideas to join us. There is a lot to be done. Please join us today and spread the word that the Lancaster Community has a "Vegetarian/Vegan Voice."

If you would like to get involved with LVS which would include but is not limited to helping to plan dinners, potlucks, tabling at festivals and events as well as helping with other elements of the society, we encourage you to join LVS today. There are perks to membership. Check the website for current perks. Membership is a major source of funding and what allows LVS to continue its work.

Lancaster Vegetarian Society